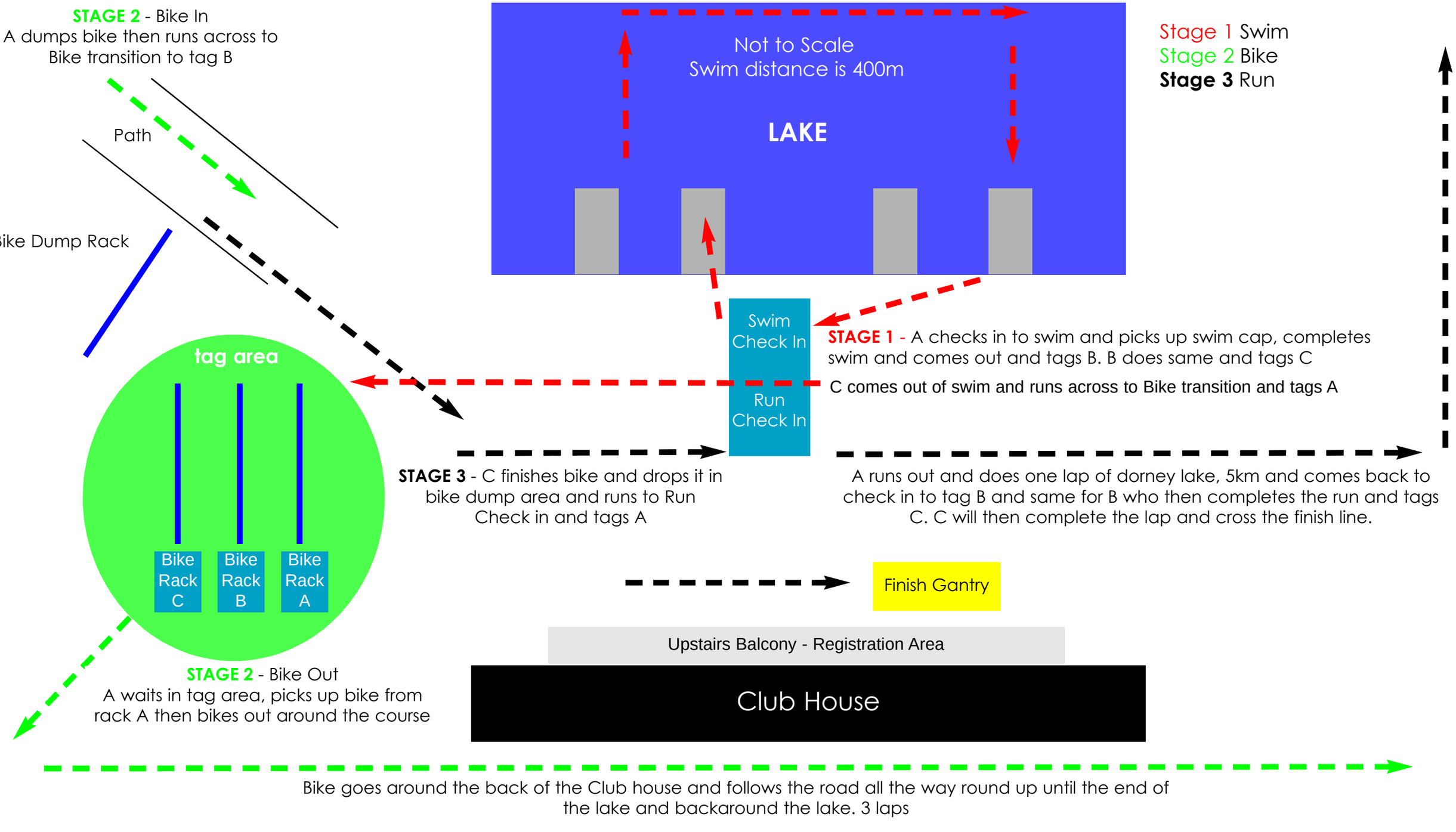
STAGE 2 - Bike In
A dumps bike then runs across to Bike transition to tag B
Path
Bike Dump Rack
tag area
Bike Rack C
Bike Rack B
Bike Rack A
STAGE 2 - Bike Out
A waits in tag area, picks up bike from rack A then bikes out around the course
Not to Scale
Swim distance is 400m
LAKE
Stage 1 Swim
Stage 2 Bike
Stage 3 Run
Swim Check In
Run Check In
STAGE 1 - A checks in to swim and picks up swim cap, completes swim and comes out and tags B. B does same and tags C
C comes out of swim and runs across to Bike transition and tags A
STAGE 3 - C finishes bike and drops it in bike dump area and runs to Run Check in and tags A
A runs out and does one lap of dorney lake, 5km and comes back to check in to tag B and same for B who then completes the run and tags C. C will then complete the lap and cross the finish line.
Finish Gantry
Upstairs Balcony - Registration Area
Club House
Bike goes around the back of the Club house and follows the road all the way round up until the end of the lake and backaround the lake. 3 laps